

VOLUME 4 ISSUE 10

APRIL 2025

THE CLUB 101

OFFICIAL PUBLICATION OF ROTARY CLUB OF POLOMOLOK 101

Polomolok 101
Rotary
Club



April is Environmental Month

Rotary



PEOPLE OF ACTION

DVANCE



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Stephanie Urchick

Rotary International President's Message

APRIL 2025

As the chill of winter gives way to the warmth of spring, we have an opportunity to rejuvenate our commitments to each other and to the communities we serve.

A shining example is the Rotary Club of Windsor-Roseland in Ontario, whose members support a program providing hot meals to people facing homelessness and food insecurity. On any given evening, the Soup Shack run by Feed Windsor-Essex serves up to 130 people, offering nourishment and a sense of community and care.

Club member and Past District Governor Aruna Koushik got the club involved after seeing a news segment about the Soup Shack.

Koushik collaborated with club members to quickly approve the purchase of a stove, pots, and pans for its new permanent space. Soon after, club members met with the Soup Shack team, toured the new location, and presented a check for 3,000 Canadian dollars (about US\$2,000) to support its efforts. They also committed to volunteering their time to prepare and serve meals once the facility is operational.

This exemplifies how Rotary members can come together to address community needs, foster engagement, and make a tangible impact. By identifying opportunities for service and mobilizing resources, we not only support those in need but also strengthen our bonds with each other and with the communities we serve.

As we embrace the renewal that spring offers, let's take inspiration from the Windsor-Roseland club. Consider these ways to reinvigorate engagement within your club:

Identify emerging needs: Stay attuned to the evolving challenges in your communities. Engage with local organizations to understand where your club's support can make the most difference.

Mobilize resources quickly: When opportunities arise, act swiftly. Leverage the skills and networks within your club to gather resources, from financial contributions to equipment to volunteer time.

Foster collaboration: Encourage members to take initiative and collaborate on projects. Empowering individuals to lead and contribute their unique talents enhances engagement and drives success.

Commit to ongoing involvement: Beyond initial contributions, pledge continued support.

Regular service keeps members connected and reinforces the club's commitment to sustained impact.

By embracing these approaches, we can harness the energy of spring to renew our dedication to service and engagement. Let's seize this season as an opportunity to revitalize our efforts, strengthen our connections, and continue making a positive difference in the world.

This is The Magic of Rotary – transforming lives, inspiring hope, and creating lasting change for the communities we serve.

Stephanie A. Urchick
RI President, 2024-25



PRESIDENT'S PAGE

Dear Rotary Family,

As we celebrate Environment Month, I invite all of us to take a moment to reflect on our shared commitment to safeguarding our planet. Rotary International has designated the environment as one of our areas of focus, recognizing that the health of our communities is deeply connected to the health of our Earth.

We in Rotary Club of Polomolok 101 have launched one of our Banner Projects dubbed as "Revive a River" activity last September to ensure the cleanliness and preservation of our local river. This initiative was driven by the urgent need to address pollution caused by waste disposal, agricultural runoff, and lack of proper waste management systems in nearby communities. Our project aimed to restore the ecological health of the river, which is vital to the well-being of both people and wildlife that depend on it.

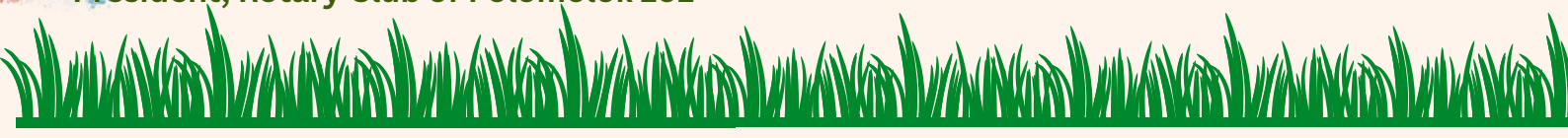
As part of this activity, we also planted trees along the riverbanks to help prevent erosion, improve water quality, and create a thriving ecosystem. These efforts embody Rotary's motto of "Service Above Self," inspiring our communities to join us in taking meaningful steps toward a greener, cleaner, and more sustainable world.

As Rotarians, we are not only dreamers but doers. Let us use this month as an opportunity to unite our efforts, share knowledge, and work on projects that restore and preserve the environment. Whether through education, hands-on activities, or partnerships, let's strengthen our impact and deepen our dedication to this vital cause.

Thank you for your unwavering commitment to this vision. Your passion, ingenuity, and drive make a difference every single day. Together, we can build a future where humanity and nature thrive in harmony.

Yours in Rotary Service,

Tomas Tonguia, Jr
President, Rotary Club of Polomolok 101





Editor's Note



April is a meaningful month for me personally, and for us as Rotarians. Together, we celebrate Environment Month—a time to renew our commitment to protecting and nurturing the planet.

As Rotarians, we are called to champion sustainability, reduce waste, and preserve the beauty of the natural world for future generations.

This month also brings the joyous occasion of Easter, a season that symbolizes hope, renewal, and growth. Easter inspires us to embrace new beginnings, reminding us to renew our dedication to making a positive impact—not only on the environment but also within our communities.

On a personal note, I also celebrated my birthday this April, and I want to take this opportunity to express my heartfelt thanks to my Rotary Family for the wonderful surprise birthday party. Your kindness and thoughtfulness made my day extra special, and I am truly grateful to be surrounded by such a supportive and compassionate individuals.

As we move forward together, let's carry the spirit of Easter and Environment Month in our hearts. May this be a time of reflection, action, and gratitude as we continue to nurture our shared home and spread hope through our efforts.

Wishing everyone a joyful Easter, a productive Environment Month, and memorable moments with family and friends.

In Rotary,

PAGMAY URBANO

Editor-in-Chief



TREASURER'S PAGE

by: Jade Rallos



Strengthening Our Commitment to Rotary



Dear Fellow Rotarians,

As we journey together through this Rotary year, I would like to take a moment to reflect on the incredible mission we share. Each one of us plays a vital role in sustaining the impact of Rotary within our local community. Our monthly dues serve not only as a practical necessity to keep our club running but also as a way to contribute to The Rotary Foundation, the cornerstone of many life-changing initiatives.

By fulfilling this responsibility, we help advance programs that promote peace, provide clean water, improve education, and fight diseases. Every contribution we make echoes far beyond our own lives—it transforms communities and touches countless individuals in need.

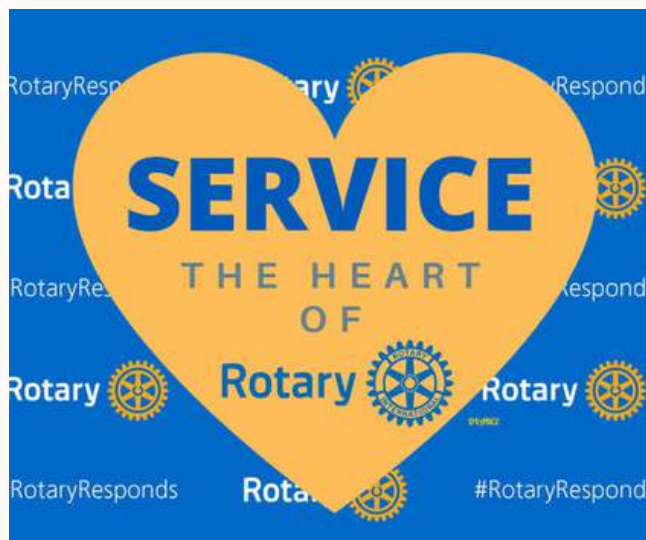
When we were inducted into Rotary, we took an oath to uphold the duties and responsibilities of being a committed member. That moment signified our shared promise to work together for the greater good. Staying true to this promise by paying our dues is a small yet powerful action that reinforces our dedication and integrity as Rotarians.

I understand that life can get busy, but I kindly urge everyone to prioritize this obligation as the Rotary Year nearing its end. Let us stay steadfast in our commitment to our shared goals and ensure that we continue to make a meaningful impact through Rotary's efforts.

Thank you for your understanding and cooperation. Should you have any concerns or need assistance, feel free to reach out to me or any of the club's officers. Together, we can keep our club strong and thriving.

Yours in Rotary Service,

Jade Rallos
Club Treasurer





Environment Month Spotlight: “Revive a River, Renew a Community”

By: PP Wang Rallos

In celebration of Rotary's Environment Month this April, our club is proud to introduce our banner project, "Go Green; Revive a River." This initiative stems from a pressing need to protect and rejuvenate our natural resources, ensuring a healthier environment for generations to come.

Rivers are a vital source of clean water and life for communities. However, pollution and neglect threaten their role in sustaining us. Through this project, we aim to restore the cleanliness of a nearby river, providing access to clean water that the surrounding community greatly benefits from.

Our activities include cleaning the riverbanks to remove waste and debris while also planting local trees on the hillside to prevent soil erosion. These efforts not only help maintain the river's health but also support biodiversity and safeguard the land from degradation.

As Rotarians, we take pride in championing environmental initiatives that bring long-lasting benefits to the community. Together, let us continue to be stewards of change, inspiring others to join hands in preserving the beauty and function of our natural surroundings.

This April, as we celebrate Environment Month, may our "Go Green; Revive a River" project serve as a call to action for all of us to care for and protect the Earth—it is, after all, our shared home.



Congratulations?



Congratulations to our President-Elect, Gina de Guzman, for successfully completing the 3-day President-Elect & District Learning Seminar in Cebu last April 3-5, 2025. We are confident that our club will be in excellent hands under her leadership for the upcoming Rotary Year 2025-2026. We believe in her abilities to guide and inspire us all. Thank you PE Gina, for accepting the responsibility of the Presidency. Wishing you the very best of luck as you embark on this exciting journey ahead.



April 15, 2025/Dole Gym - Two graduating students from Mt. Matutum Christian School were honored with Leadership Awards by RC Polomolok 101 for their outstanding qualities. The medals and certificates were presented by our Club President, Tommy Tonguia, and Past President Dr. Bel Acuesta. Rotary continues to support education as one of its seven Areas of Focus—empowering the youth to become future leaders in their communities.





Beating the Summer Heat!

By: PP Bel Acuesta



As the temperature rises, staying cool and refreshed during the summer becomes a priority. Here are some simple tips to help you enjoy the sunny season while keeping the heat at bay:

*Stay Hydrated Make water your best friend! Drink plenty of it throughout the day to stay refreshed. You can also enjoy coconut water or fresh fruit juices for a natural energy boost.

*Cool Meals and Snacks Opt for light and refreshing foods such as salads, yogurt, or fruits like watermelon, cucumber, and citrus. These not only keep you hydrated but also help you feel cool and energized.

*Dress Smart Wear loose-fitting, light-colored clothing made of breathable fabrics like cotton. A wide-brimmed hat and sunglasses can also protect you from the sun.

*Plan Outdoor Activities Wisely Schedule outdoor activities for early morning or late afternoon to avoid the intense heat of midday. Use sunscreen to protect your skin when stepping out.

*Keep Your Home Cool Use curtains, blinds, or reflective shades to block out the sun during the hottest parts of the day. Fans and air-conditioning can help maintain a comfortable indoor temperature.

By taking these steps, you can make the most of the summer season while staying safe and cool. Don't let the heat beat you—embrace the warmth with smart choices!





ROSTER OF MEMBERS

Rotary Year 2024-2025

NAME

CLASSIFICATION

Acuesta, Maribel D.	"Bel"	PHF	Dental Services: Pediatrics
Alfeche, Nieven May V.	"Twinkle"	PHF	Hospital Services; CEO Secretary
Balano, Gladys D.	"Glad"	PHF	Registrar; Private
Bayan, Xavier J.	"Bobet"	PHF+3	Law; General Practice
Castaniaga, Lani A.	"Lan"	PHF	Management: Government Bank
Deypalan, Melani G.	"Mel"	PHF	Dental Services: Orthodontics
Gallinero, Omar S.	"Mar"	PHF+1	Management; Photography & Events
Gallinero, Charo Lyka B.	"Sweet"	PHF	Management; Nail Spa
Grino, Celema I.	"Cel"	PHF	Dental Services; Hospital
Ines, Alan M.	"Lan"	PHF+1	Administration; Private School
Jandic, Darnie F.	"Bing"	PHF+1	Management; Spa
Pineda, Rona F.	"Ron"	PHF	Management; Farm Resort & Restaurant
Rallos, Jade N.	"Jade"	PHF+3	Medical Technologist
Rallos, Rogelio Jr.	"Wang"	PHF+7	Medical Supplies Distribution
Sabellano, Ivie L.	"Ivie"	PHF	Management; Government Bank
Teoxon, Malou A.	"Lou"	PHF	Management: Travel & Tours
Tonguia, Tomas, Jr	"Tommy"	PHF	Management; Rice Retail
Urbano, Mayvelyn G.	"May"	PHF+2	Management: Restaurant Fast Food

NEW MEMBERS

Balcita, Klinch Alfred	"Klinch"	Banking Services
de Guzman, Gina	"Gin"	Education; Tertiary
Gadian, Mary Nancy P.	"Nancy"	Maritime Consultant
Ileto, Rynel J.	"Rynz"	Management; Beauty Products
Labajo, Darlene Hannah C.	"Hannah"	Junior Executive Marketing
Labajo, Dolores, C.	"Dolly"	Management; Farm Resort
Tito, Rutcie	"Rutc"	Business Services

HONORARY MEMBERS

Ambat, Milbert C.
Rogers, Liza M.

President-Elect/Secretary-Elect Learning Seminar

by: PAG May Urbano



The Rotary Club of Polomolok 101, represented by President-Elect Gina de Guzman and PAG May Urbano proudly participated in the 3-day President-Elect/Secretary-Elect and District Learning Seminar held in Cebu from April 3–5, 2025.

This vital seminar served as essential training and preparation for the incoming Rotary Year, equipping us, especially our President-Elect, with valuable knowledge, leadership tools, and important Rotary updates.

But beyond the learning, it was also a time for meaningful fellowship – a chance for us Rotarians to unwind, reconnect, and strengthen the bonds of friendship with fellow leaders from across our district.

It was truly a rewarding and enriching experience that has left us inspired and ready to serve with even greater purpose in the year ahead!



April Meetings



April Fellowships





HALL OF PAST PRESIDENTS



CP OMAR GALLINERO

PHF+1

RY 2005-2006



PP ESPIE MALIWAT

RFSM+2

RY 2006-2007



PAG ALAN INES

PHF+1

RY 2007-2008



PP ROGELIO RALLOS, JR

PHF+7

RY 2008-2009



PP MARIBEL ACUESTA

PHF

RY 2009-2010



PP XAVIER BAYAN

PHF+3

RY 2010-2011



GRACE SALAZAR

RFSM

RY 2011-2012



REY TRASPORTO

RFSM

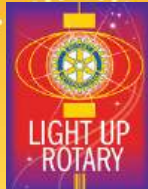
2012-2013



BENHUR DAPANAS

RFSM

2013-2014



PP REX MACHAN

RFSM

RY 2014-2015



PP CELEMA GRIÑO

PHF

RY 2015-2016



PAG MAYVELYN URBANO

PHF+2

RY 2016-2017



PP GLADYS BALANO

PHF

RY 2017-2018



PP MELANI DEYPALAN

PHF

RY 2018-2019



PP FANNY FERNANDEZ

PHF

RY 2019-2020

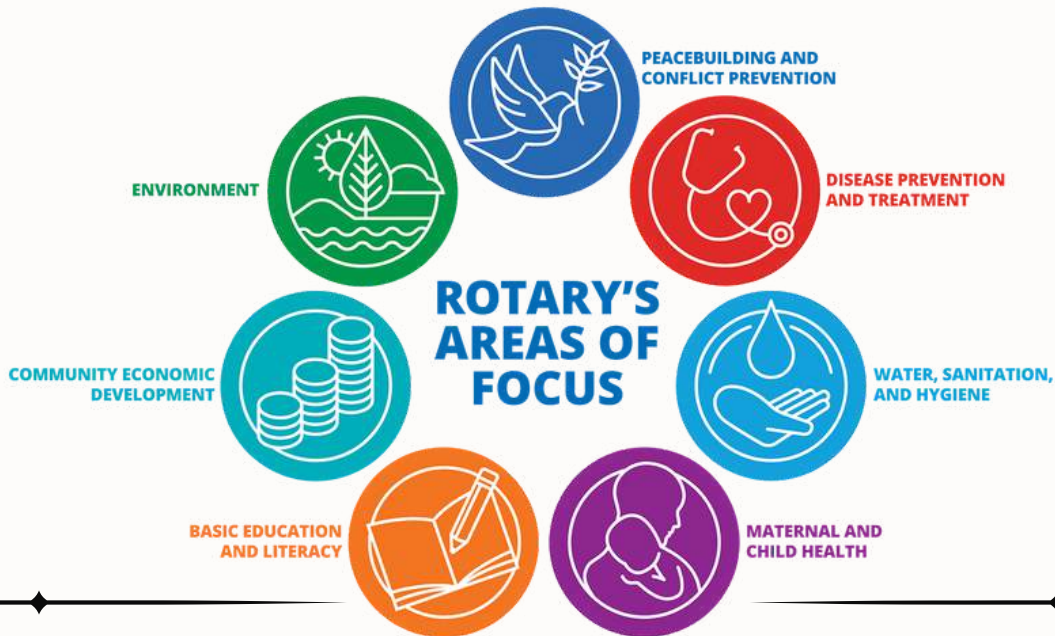


PP NIEVEN MAY ALFECHE

PHF

RY 2020-2021

HALL OF PAST PRESIDENTS



SEVEN AREAS OF FOCUS COMMITTEE CHAIR

- BASIC EDUCATION & LITERACY**– PE GINA DE GUZMAN/RTN. NANCY GADIAN
- DISEASE PREVENTION & TREATMENT**– PP MEL DEYPALAN/PP BEL ACUESTA
- COMMUNITY ECONOMIC DEVELOPMENT**– RTN RYNELL ILETO/PP FANNY FERNANDEZ
- WATER & SANITATION**– RTN KLINCH BALCITA/VP TOMMY TONGUIA, JR
- MATERNAL & CHILD**– RTN DOLORES LABAJO/RTN HANNAH LABAJO
- PEACE & CONFLICT RESOLUTION**– PP XAVIER BAYAN/PAG ALAN INES
- ENVIRONMENT**– RTN RUTCIE TITO/ RTN MARK MULA

THE CLUB 101

CALENDAR OF ACTIVITIES



by: PP Cel Grino

JULY- MATERNAL & CHILD HEALTH

AUGUST- MEMBERSHIP & NEW CLUB DEVELOPMENT

SEPTEMBER- BASIC EDUCATION & LITERACY

**OCTOBER- COMMUNITY ECONOMIC &
DEVELOPMENT MONTH**

NOVEMBER- ROTARY FOUNDATION

DECEMBER- DISEASE PREVENTION & TREATMENT

JANUARY- VOCATIONAL SERVICE

**FEBRUARY- PEACEBUILDING & CONFLICT
RESOLUTION**

MARCH- WATER, SANITATION & HYGIENE

APRIL- ENVIRONMENTAL MONTH

MAY- YOUTH SERVICE

JUNE- ROTARY FELLOWSHIP



The Rotary Club of Polomolok 101: A Legacy of Service

The Rotary Club of Polomolok 101 was officially chartered by Rotary International on August 31, 2005, through the dedicated efforts of its mother club, the Rotary Club of Midtown Gensan. While initial attempts to establish a Rotary club in Polomolok began as early as February 2003, it was only in January 2005 that persistence bore fruit. With the support of RC Midtown Gensan, Omar Gallinero was appointed as the club's Charter President, leading 25 charter members from diverse professional backgrounds. The club was established under the leadership of then-District Governor Len Magno of District 3860.

The number 101 in the club's name holds special significance. First, it marks the club's founding during Rotary International's 101st anniversary. Second, it represents the club's distinction as the 101st chartered club under District 3860.

Registered under District 3860, Area 3F with Club Number 70517, the Rotary Club of Polomolok 101 continues to thrive, powered by a dedicated team of 25 committed individuals who embody the spirit of service above self.

Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Vision Statement

"Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves."

IMPORTANT DATES TO REMEMBER



Rotary District 3860 | THE MAGIC OF ROTARY

SAVE THE DATE

DISCON 2025

Tacloban, Leyte
May 30-31, 2025



WORLD IMMUNIZATION WEEK

24-30 APRIL

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MAGIC ALL AROUND

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Register today at convention.rotary.org

Polomolok 101

Rotary
Club



34th Membership Meeting
& Fellowship Night
April 23, 2025/6pm
Sadok Resto, Cannery Site

Call to Order
Invocation
The Rotarian Pledge/
& 4 Way Test

Pres. Tommy Tonguia
PP Gladys Balano
Rutcie Tito

President's Time.
Open Forum
Adjournment

Pres Tommy Tonguia

Pres. Tommy Tonguia

Moderator- PP Bel Acuesta

Invocation

Dear Lord, thank You for gathering us here today on our 33rd Membership Meeting & Fellowship Night. We ask for Your guidance, wisdom, and support throughout this meeting. Help us to engage in meaningful discussion, allow us to grow closer as a group and nurture the bond of camaraderie. Fill us with Your grace, Oh Lord, as we make decisions that might affect our club. and continue to remind us that all we do, all that we accomplish, is for the pursuit of the truth for the greater glory of You, and for the service of humanity. We ask this in Your name. AMEN

The Rotarian Pledge

I am a Rotarian. I will always uphold the truth.

I am a Rotarian. I will always strive to be fair in all my dealings with my fellow human beings.

I am a Rotarian. I will always endeavor to build goodwill and understanding in my community. Among my countrymen, and among peoples of all nations.

I am a Rotarian. I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

I am a Rotarian. I will always observe Rotary International's motto: Service Above Self.

The Four-Way Test

of what we think, say or do

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build good will and better friendships?
4. Will it be beneficial to all concerned?


Rotary




Sunshine Greetings!

April 6

Palomolok 101
Rotary
Club



HAPPY BIRTHDAY



Sps. Joey Balano

From your RCP101 family

March 22

April 9




Happy birthday
PAG May Urbano..!


♥ from your RCP 101 Family ♥

April 24


Palomolok 101
Rotary
Club



HAPPY BIRTHDAY



Tommy Tonguia
PRESIDENT


Rotary  **PEOPLE OF ACTION**

Started with the vision
of one man ~

Remembering

Paul Harris
April 19, 1868

*Happy
Birthday!*



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Acknowledgement

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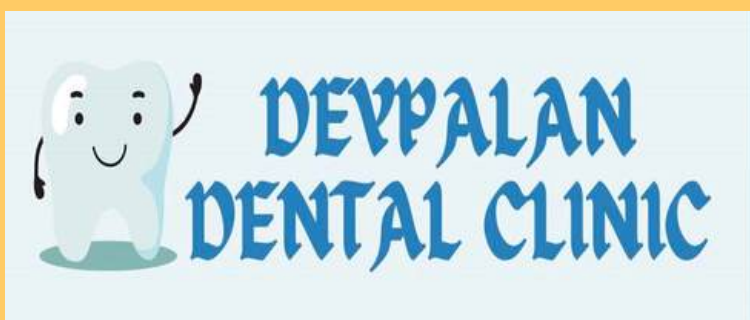
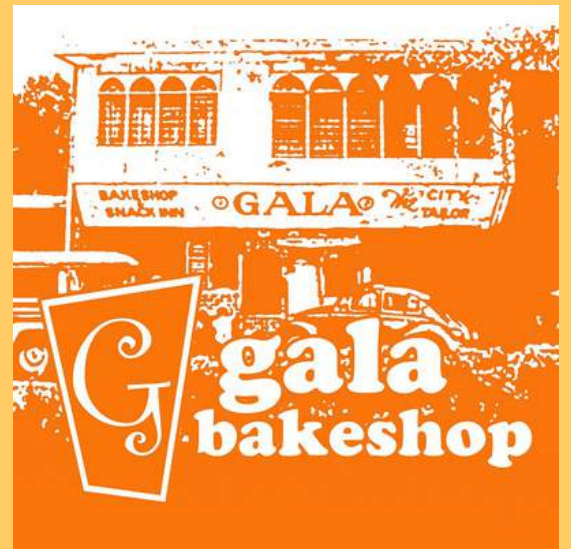
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Mirko Polo Farm

Acknowledgement



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